

Cosmetic Medical History

Name: _____ Date: _____

Areas of Cosmetic Concern:

Which of the following areas of the face, neck and body are of the most cosmetic concern to you and what treatments are you interested in? (circle those most important to you and indicate concern):

Face: _____

Saggy neck: _____

Eyes: _____

Droopy or baggy eyelids: _____

Saggy Brow: _____

Nose: _____

Cheeks: _____

Chin: _____

Skin: _____

Blotchy Skin: _____

Jowls: _____

Breasts: _____

Body Trunk Legs Arms: _____

Abdomen: _____

Love handles: _____

Thighs: _____

Cosmetic Procedures Considering:

Facelift Surgery: _____

Eye lift, Brow Lift: _____

Fat transfer & fillers: _____

Botox: _____

Laser hair removal: _____

Body Trunk, Legs Arms Liposuction: _____

Motivation: What motivation best describes your motivation for seeking aesthetic procedures, circle all that apply:

- | | |
|---|--|
| 1) Feel better about myself | 5) Very concerned about the appearance of the specific area of concern |
| 2) More competitive in the workplace | 6) Depressed about my life need a change |
| 3) Restarting the dating scene | 7) Want to feel more youthful and vibrant |
| 4) Spouse or partner wants me to do it | 8) I hate the way I look |
| 5) Someone pointed out the aging area and I now feel self-conscious | |

Please answer the following Questions:

Is walking up a flight of stairs with a bag of groceries difficult for you?	Yes	No	Kidney Insufficiency?	Yes	No
Are you currently pregnant?	Yes	No	Liver insufficiency, cirrhosis, hepatitis?	Yes	No
Are you currently undergoing radiation therapy or chemotherapy for cancer?	Yes	No	Blood clots or Pulmonary Embolism?	Yes	No
Have you ever had a connective tissue disorder such as Ehlers Danlos Syndrome, Lupus, Scleroderma, Rheumatoid Arthritis, Wegener's Disease or Sarcoidosis?	Yes	No	Diabetes that requires medication?	Yes	No
Have you had surgery of the face or neck within the previous 6 months?	Yes	No	High Blood Pressure (hypertension)?	Yes	No
Oxygen dependent COPD or severe asthma?	Yes	No	Heart disease or heart problems?	Yes	No
Bleeding Disorder?	Yes	No	Have you ever had an aortic aneurysm?	Yes	No
Abnormal Scarring?	Yes	No	Angina or chest pain w/exercise?	Yes	No
Reaction to latex?	Yes	No	Angioplasty and/or stent placement?	Yes	No
Lidocaine allergy?	Yes	No	Have you had a heart attack within the past 12 months?	Yes	No
Epinephrine sensitivity?	Yes	No	Do you have a pacemaker or AICD?	Yes	No
Currently taking Coumadin, Aspirin, Plavix, Pradaxa or other anticoagulant (blood thinner)?	Yes	No	Heart Catheterization/stress test? Date: _____ Normal _____ Abnormal _____	Yes	No
Brain aneurysm or brain shunt?	Yes	No	Have you ever had a stroke or TIA?	Yes	No
Prior parotidectomy (salivary gland removal)?	Yes	No	Are you a current smoker?	Yes	No
OBSTRUCTIVE SLEEP APNEA?	Yes	No	Severe dry eyes?	Yes	No
Do you have Restless Leg Syndrome?	Yes	No	Limited Neck mobility?	Yes	No
HIV/AIDS?	Yes	No	Have you taken the medication Accutane within the past 12 months?	Yes	No
Do you consume more than 2 alcoholic drinks per day on average?	Yes	No			

If you answered yes to any of the above, provide details, and indicate the name of the specialist treating this condition:

PLEASE ANSWER ALL OF THE QUESTIONS BELOW:

<p>PAST MEDICAL HISTORY: AGE: _____ DATE OF BIRTH: _____ WEIGHT: _____ HEIGHT: _____ SEX: _____ RACE: _____ OCCUPATION: _____ Please list all <u>MEDICAL</u> problems: _____ _____ _____ _____ _____ Prior <u>HOSPITALIZATIONS</u> for medical reasons: <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;"><i>Problem</i></td> <td style="width: 20%;"><i>Date</i></td> <td style="width: 20%;"><i>Hospital</i></td> </tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> </table> Prior <u>SURGERIES:</u> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;"><i>Surgery</i></td> <td style="width: 20%;"><i>Date</i></td> <td style="width: 20%;"><i>Hospital</i></td> </tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> </table> Prescription <u>MEDICATIONS</u> presently taking: <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;"><i>Name</i></td> <td style="width: 20%;"><i>Dose</i></td> <td style="width: 20%;"><i>Frequency</i></td> </tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> </table> Do you take Aspirin or Ibuprofen? (Please circle) Yes, No All personal <u>PHYSICIANS</u> seen in the last 5 years: <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"><i>Name</i></td> <td style="width: 35%;"><i>Type of physician</i></td> <td style="width: 35%;"><i>Reason for seeing</i></td> </tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td><td>_____</td></tr> </table> List all <u>ALLERGIES</u> to medication: <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 70%;"><i>Medication</i></td> <td style="width: 30%;"><i>Type of reaction</i></td> </tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> </table> <u>TOBACCO</u> use in the past: Present day tobacco use? Yes No (circle) Packs per day? _____; Total # of years smoking? _____ Did you use to smoke years ago and quit? Yes No (circle) If yes, how many years since you have smoked? _____ <u>Alcohol</u> use in the past: Alcohol use? Yes No How many drinks per day? _____ Any chance you could be <u>PREGNANT?</u> Yes No N/A (circle) Last <u>TETANUS</u> shot: Date: _____ <u>FAMILY HISTORY:</u> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;"><i>Age(s)</i></td> <td style="width: 40%;"><i>Medical Problems</i></td> </tr> <tr><td>Father: _____</td><td>_____</td></tr> <tr><td>Mother: _____</td><td>_____</td></tr> <tr><td>Brothers: _____</td><td>_____</td></tr> <tr><td>Sisters: _____</td><td>_____</td></tr> <tr><td>Grandfathers: _____</td><td>_____</td></tr> <tr><td>Grandmothers: _____</td><td>_____</td></tr> </table> </p>	<i>Problem</i>	<i>Date</i>	<i>Hospital</i>	_____	_____	_____	_____	_____	_____	<i>Surgery</i>	<i>Date</i>	<i>Hospital</i>	_____	_____	_____	_____	_____	_____	<i>Name</i>	<i>Dose</i>	<i>Frequency</i>	_____	_____	_____	_____	_____	_____	_____	_____	_____	<i>Name</i>	<i>Type of physician</i>	<i>Reason for seeing</i>	_____	_____	_____	_____	_____	_____	<i>Medication</i>	<i>Type of reaction</i>	_____	_____	_____	_____	<i>Age(s)</i>	<i>Medical Problems</i>	Father: _____	_____	Mother: _____	_____	Brothers: _____	_____	Sisters: _____	_____	Grandfathers: _____	_____	Grandmothers: _____	_____	<p style="text-align: center;">Please Circle All That Apply (Most Current)</p> <p>CONSTITUTIONAL: 1. Fatigue 2. Fever 3. Night Sweats 4. Weight Gain 5. Weight Loss</p> <p>EYES: 6. Blurred Vision 7. Double Vision</p> <p>EARS: 8. Ear Pain 9. Ear Drainage 10. Hearing Change/Loss 11. Ringing/Head Noise 12. Dizziness/Imbalance 13. Ear Infection</p> <p>NOSE: 14. Runny Nose 15. Stuffiness/Nasal Congestion 16. Bloody Nose 17. Nasal Obstruction 18. Sinusitis/Sinus Infection 19. Previous Nasal Fracture</p> <p>THROAT: 20. Snoring 21. Difficulty Swallowing 22. Voice Problems 23. Post Nasal Drainage 24. Cough</p> <p>RESPIRATORY: 25. Coughing Blood 26. Pain with Breathing 27. Shortness of Breath 28. Wheezing</p> <p>CARIOVASCULAR: 29. Chest Pain 30. Rapid/Irregular Heart Beats</p> <p>PSYCHIATRIC: 31. Depression 32. Hallucinations 33. Mood Changes 34. Sleep Disturbance 35. Stress</p> <p>GENITO/URINARY: 36. Difficulty Urinating 37. Frequency Urination</p> <p>GASTRO/INTESTINAL: 38. Appetite/Weight Change 39. Blood in Stool 40. Bowel Problems 41. Diarrhea 42. Heartburn</p> <p>NEUROLOGIC: 43. Clumsiness 44. Convulsions 45. Headache 46. Memory Problems 47. Migraine 48. Numbness 49. Seizures</p>
<i>Problem</i>	<i>Date</i>	<i>Hospital</i>																																																										
_____	_____	_____																																																										
_____	_____	_____																																																										
<i>Surgery</i>	<i>Date</i>	<i>Hospital</i>																																																										
_____	_____	_____																																																										
_____	_____	_____																																																										
<i>Name</i>	<i>Dose</i>	<i>Frequency</i>																																																										
_____	_____	_____																																																										
_____	_____	_____																																																										
_____	_____	_____																																																										
<i>Name</i>	<i>Type of physician</i>	<i>Reason for seeing</i>																																																										
_____	_____	_____																																																										
_____	_____	_____																																																										
<i>Medication</i>	<i>Type of reaction</i>																																																											
_____	_____																																																											
_____	_____																																																											
<i>Age(s)</i>	<i>Medical Problems</i>																																																											
Father: _____	_____																																																											
Mother: _____	_____																																																											
Brothers: _____	_____																																																											
Sisters: _____	_____																																																											
Grandfathers: _____	_____																																																											
Grandmothers: _____	_____																																																											

Family Physician Name: _____ Phone Number _____ Date of last exam: _____

Cardiologist's Name: _____ Phone Number _____ Date of last exam: _____

I certify that I have listed completely my medical conditions, medications, allergies, hospitalizations, surgeries, to the best of my knowledge and ability.

Signature: _____

Date: _____

